



Risk Management Principles, Advice & Recipes

Know When to Call “Time Out”

Time outs are used in sports for the coach to change strategies or to stop the momentum of the opposing team, to set a play or perhaps to rest a player. Some time ago, a neurosurgeon friend told me of an incident that occurred on the operating table. He was operating deep into a man’s brain to repair an aneurism. It was a very high-stress and risky procedure. Just as he reached the aneurism, it burst. Blood filled the cavity and multiple suction tubes could barely keep up with the blood flow. As the surgeon tried and failed to clip off the source, he noticed that his hand began to shake. He knew that if he was unsuccessful, the patient would die.

At that very moment the thought came into his mind that his colleague was in a neighboring operating room. The surgeon called for that surgeon to come in. His colleague did and the patient was saved. My friend knew when to call time out!



Are there times that we are in over our heads mentally, emotionally or physically? At one time or another, it happens to each of us and we need to realize that there are those who can assist us in doing our jobs and keeping each other and our patients safe.

Never be afraid to call time out!

STRAWBERRY PIE

Crust:

Combine 1 1/3 cups of graham cracker crumbs with 3 teaspoons of melted butter and 2 tablespoons of brown sugar. Press to the sides of a cooking spray applied pie pan and bake at 350 degrees for 15 minutes and set aside.



Filling:

Bring 1 cup of sugar, 1 ¼ cups of water, 2 tablespoons of cornstarch and ¼ cup of strawberry gelatin to a boil. In the meantime, place 4 cups of sliced strawberries in the pie crust. Pour mixture over the strawberries, cover and chill for 2 hours. Serve with whipped cream over the top and enjoy!

Strategic Healthcare Risk Advisors

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